FEED THE GOOD WOLF

Deacon Frank Lucca, Catholic Campus Ministry, CRSL, UMASSD

A few weeks ago, we dedicated the Peace Pole on campus. This annual event is held on the International Day of Peace. This pole is to symbolize the oneness of humanity and our common wish for a world at peace. It is to remind us to think, speak and act in a spirit of peace and harmony. And it is to stand as a silent visual for peace to prevail on earth. The pole has the saying, “May Peace Prevail Throughout the World” in many different languages.

For the opening prayer of this dedication, I read the prayer widely attributed to Saint Francis that is very much known to most of us. It begins, “Make me a channel of your peace.”

In preparing for the dedication, I came across a story that I believe captures the essence of the International Day of Peace and I would like to share it with you as, what I hope, will bring to the front of your minds, something that we all desire: peace.

This story is a Cherokee legend, and it is about an old Cherokee who is teaching his grandson about life.

“A fight is going on inside me,” he said to the boy, “It is a terrible fight and it is between two wolves. One is evil — he is anger, envy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, false pride, superiority, and ego.” He continued, “The other is good — he is joy, peace, love, hope, serenity, humility, kindness, benevolence, empathy, generosity, truth, compassion, and faith. The same fight is going on inside you — and inside every other person, too.”

The grandson thought about it for a minute and then asked his grandfather, “Which wolf will win?” The old Cherokee simply replied, “The one you feed.”

When we think of peace we generally think about stopping war. However, as the wise Cherokee grandfather identified, it is not only about that but also about our very selves. We need to first identify the inner conflict of our own lives. We need to decide which wolf we will feed and then, and only then, can we take the first steps towards dialogue with each other and ultimately reconciliation leading to peace.

It seems to me, that this is an opportune time for us all to reflect on peace and peacemakers.

You see, there is this disordered part in all of us that wants what we want, when we want it. We can be envious and selfish. We can be angry and arrogant. There is conflict on the outside because there is a war in the inside between these two wolves.

Sometimes it is difficult to think we can have any influence over the world picture. What can you or I do about a particular war or global situation such as those happening in Afghanistan or on our southern border and elsewhere? It is so much bigger than any one of us... But we can start to make a personal decision to feed the good wolf. To make the conscience decision to align ourselves with the good. Then and only then can we reach out toward peaceful dialogue with others in our personal relationships, within our families, our community and ultimately, we can even inspire others, our communities, and perhaps even our nation toward good.

Let’s recognize our need to feed the good wolf. Let’s identify relationships that are in conflict to explore ways of making peace...peace within ourselves, within each other in this community, peace with our friends and members of our family, peace within our hometowns, our state, and our nation.

http://www.umassd.edu/studentaffairs/departments/centerforreligiousandspirituallife/
October 2021

WHO WE ARE
The Episcopal Campus Ministry is open to all Protestant students, faculty and staff on campus and to anyone else who is seeking to be part of a spiritual community regardless of former or current faith tradition or spiritual affiliation. We have a particular outreach to those who have no current or previous church affiliation and to those who are seeking deeper purpose and meaning in life. You do not need to have a prior connection to the Episcopal Church to be part of our community.

We are an inclusive, open-minded, and progressive Christian community on the UMass Dartmouth campus and we have a special outreach to the LGBTQ+ community. We seek to follow Jesus in his way of love and justice through weekly worship, spirituality programs and small group gatherings. Our Campus Ministry is made up of those who are seeking to grow in their personal faith journey and who want to make a difference in the world by helping others in the name of Jesus. Our commitment to social justice provides a connection to community service projects in the community.

In addition to our Campus Ministry Group scheduled meetings, we also provide a listening and supportive presence by offering pastoral care for anyone on campus.

A COMMITMENT TO INCLUSION
The Episcopal Campus Ministry stands for the inclusion of all people and extends a radical welcome to the LGBTQ+ community. All are welcome regardless of self-image, life-story, sexual orientation or gender identity. We invite you to celebrate the fullness of who you are as a beloved child of God.

EPISCOPAL CAMPUS MINISTRY
UPCOMING EVENTS

LGBTQ+ CHRISTIAN SPIRITUALITY GROUP (Information Session)
WHEN? Tuesday, October 26, 2021 from 6:30-7:30PM
WHERE? Reflection Room
2nd Floor of Campus Center near Campus Ministry Office
We are beginning a LGBTQ+ CHRISTIAN SPIRITUALITY GROUP on the UMass Dartmouth campus for students, faculty and staff. The Episcopal Campus Ministry stands for the inclusion of all people. All are welcome regardless of self-image, life-story, sexual orientation or gender identity. IF YOU ARE INTERESTED IN LEARNING MORE about this ministry, please join us for this informational session. For more information, email our UMass Dartmouth Episcopal Chaplain at sciosek@umassd.edu.

PRAISE AND WORSHIP NIGHT
Join us for Prayer, Scripture and Music with LIVE Contemporary Christian Music!
WHEN? Tuesday, November 8, 2021 from 7:30-8:45PM
WHERE? Reflection Room
2nd Floor of Campus Center near Campus Ministry Office

WEEKLY CELEBRATION OF HOLY EUCHARIST
No matter where you are on your spiritual journey, you are invited to join us in prayer and you are welcome at God’s Table. Our Campus Ministry gathers for worship on Sunday mornings throughout the year at St. Peter’s Episcopal Church (351 Elm Street in Dartmouth) at 10:00AM and at other times during the year. Visit our website at stpetersdartmouth.org.

SUNDAY TRANSPORTATION PROVIDED BY UMASS SHUTTLE
Campus transportation to St. Peter’s Episcopal Church and other area churches is provided by the UMass Shuttle on Sunday mornings due to the generosity of the Carney Family Charitable Foundation. The shuttle departs from outside the Campus Center at 9:30am and returns to campus at 11:30am. Contact us for more information. You may also join us via live stream at stpetersdartmouth.org/watch but we would love to see you in person!
MUSIC MINISTRY
We are always looking for faculty and student volunteers to be part of our Music Ministry during our worship services. If you PLAY AN INSTRUMENT (guitar, piano, drums, trumpet, flute, saxophone, etc.) or SING and if you are willing to share your gift of music with us during our worship services, please contact us.

CONTACT US
(The Rev.) Scott A. Ciosek
UMass Dartmouth Episcopal Campus Ministry
Center for Religious and Spiritual Life
Campus Center, Room 202
Website: stpetersdartmouth.org (Click on Campus Ministry)

OR
St. Peter’s Episcopal Church
351 Elm Street ~ Dartmouth, MA 02748
PHONE: 774.510.5661 x101
EMAIL: sciosek@umassd.edu or stpetersdart

MSA - MUSLIM STUDENT ASSOCIATION
Weekly Friday Prayers
Center for Religious & Spiritual Life
Muslim Student Association

Reflection Room (Campus Center)
EVERY FRIDAY AT 1:30 P.M.

JOIN MSA
The MSA is reforming on campus. If you would like to join the Muslim Student Association, please contact the Center for Religious and Spiritual Life, Room 202 on the second floor of the campus center or contact CRSL coordinator, Deacon Frank at flucca@umassd.edu.

http://www.umassd.edu/studentaffairs/departments/centerforreligiousandspirituallife/
SEEKER'S RETREAT

February 25-27, 2022
Miramar Retreat Center
Duxbury, MA

Too much going on?
Pullled in a million directions?
You’re not the only one.

In the craziness of life, it doesn’t hurt to pause and take a look at the big picture: What’s important in my life? What am I looking for?
Where does God fit in?

UMass Dartmouth Catholic Campus Ministry presents the Seekers' Retreat. Find out how other young adults answer these questions; learn how faith plays a role in their journeys; and take the time to reflect on your own path.

Retreatants are invited to look at their lives to see where God has been, where God is present, and where God is calling them to be.

Unite with Catholic College students throughout the USA in a time of prayer

Two times: Wednesday 6PM-7PM and Sundays 3PM-4PM.
St Mary's Parish 789 Dartmouth Street South Dartmouth, MA

Eucharistic Adoration will take place during these times at St. Mary’s (you can also live-stream) and the Sacrament of Reconciliation is available.

Need to Talk: Are you looking for ways to grow in your spiritual life or deepen your relationship with Jesus? Would you like to talk about what’s going on in your life or how you're navigating some of the challenging circumstances of our world? If you’d like to discuss important areas of your life, we are available to listen, offer guidance, and share the wisdom and hope our faith provides. Just email us to set up a virtual session.
BUSY PERSON'S RETREAT
Dates: November 7-11, 2021

You are not alone.
With uprooted plans, new worries, and so many changes, what are you longing for? Do you struggle to make time for prayer now due a change in your daily routine? Are you seeking a deeper connection to God or searching for clarification, direction, or meaning to the suffering around us? Perhaps you tried to make a retreat in the past but didn’t have the time to get away. What if you could make a private retreat without having to leave your home or dorm room? The Online Busy Student’s Retreat gives you that opportunity!

You can download the Busy Person’s Journal any time and make an appointment to see a spiritual director if you wish by contacting Fr David or Deacon Frank. Our contact information is below.

To download the journal or Praying With Scripture from http://www.umassdcatholics.com/retreats.html

Mass Schedules

**Saturday, 4:00 PM**
**Sunday 8:00 AM, 10:00 AM, 12:00 PM and 5:00 PM**
St Mary Parish, 789 Dartmouth St, Dartmouth, MA - Check our website for transportation to St Mary’s

**Tuesday, 5:30 PM**
Reflection Room - 2nd floor campus center

**Thursday 5:30 PM**
Newman House

Eucharistic Adoration
**St. Mary’s:**
Wednesdays from 6:00 pm - 7:00 pm
Sundays from 3:00 - 4:00 pm

**Can't get to St Mary's?**
All Masses are Livestreamed
stmarysdartmouth.org
FREE TRAVEL TO AND FROM ST MARY’S
Check our website for transportation

Contact Us
Fr David Frederici
dfrederici@umassd.edu
774-205-4378 (Mobile)
father.david@umassd.edu

Dcn Frank Lucca
flucca@umassd.edu
508-454-6618 (mobile)
flucca@umassd.edu

Newman House
Newman House is available for student use from 8:00 am until 10:00 pm in the evening.

**Newman House features:**
Chapel
Office space
High Speed Internet
Cable TV

**NEWMAN HOUSE LOCATION**
Newman House is located at 385 Old Westport Road - 1600 feet west of the campus Entrance.
Rabbi Kanter's Adult Education Classes
Monday mornings 11:00 am - noon, in person and online
   Topic: Martin Buber's Ten Rungs
   10/18, 10/25, 11/1, 11/8, 11/15, 11/29, 12/6, 12/13, 12/20, 12/27

Cantor Schudrich's Adult Education Classes
Thursday mornings 10:00 am - 11:00 am
   Topic: The Book of Bereshit (Genesis) - online only
   10/14, 10/21, 10/28, 11/4, 11/11, 11/18, 12/2, 12/16

Shabbat services
   Saturday mornings 9:30 am - in person and online
   Saturday evenings, varies by sundown, see schedule on our website

Information on all religious services, morning and evening every day and holidays, is available on our website tinewbedford.org
Masks required in Tifereth Israel building at all times Vaccination attestation requested for all services

https://tinewbedford.org
Student Organizations

**CRU**
CRU is a space for students to process life’s biggest questions in the context of community. We love Jesus and love people. Our main meetings occur Wednesdays at 7:30 pm CC-006, and we also have weekly small group meetings spread throughout campus.

Staff: Matt Litchfield, matthew.litchfield@cru.org

**Hillel – Jewish Student Organization**
Hillel provides Jewish social, cultural, and spiritual programming and an opportunity for Tikkun Olam (fixing the world). Services and home hospitality are available through the local community for Jewish holidays. Currently we are working with students to reform Hillel. If you are interested, please reach out to Deacon Frank, Coordinator of the Center for Religious and Spiritual Life. Interested in helping to organize this student organization? Please Contact: Deacon Frank Lucca
Email: flucca@umassd.edu

**InterVarsity Christian Fellowship**
InterVarsity Christian Fellowship is all about creating community, spreading God’s love across campus, and seeing lives transformed by Jesus. The group meets two nights a week: once to explore the word of God and once for prayer. Everyone is encouraged to join in on the fun!

**Muslim Student Association**
MSA serves as a platform to unite all of the Muslim students. We, as an organization, provide education to help remove misconceptions about Islam, its beliefs and practices. Our regular activities are Friday prayer, Famanan Iftar Dinner and Islamic Awareness Week. Student contact: Danish Abid dabid@umassd.edu

**Newman Catholic Student Association**
The UMass Dartmouth Newman Catholic Student Association (NCSA) is a student community rooted in the Catholic tradition which strives to foster spiritual, intellectual, and the social growth of all students through faith-sharing, education, fellowship, service and celebration.

Student Contact: Luke Cabral
Email: lcabral3@umassd.edu
Website: http://www.umassdcatholics.com/

**P.L.A.C.E.S.**
PLACES, which stands for Pagan Living and Collaborative Education Society is a student group with the goal to provide a safe and educational environment for students and non-students to practice and learn about the many different sects within Paganism. Interested in starting this student organization, let us know.

**Better Togetherness Club**
The Better Togetherness Club is a student group organized to promote the understanding of world religions, the cooperation between people of different faiths, and the support & acceptance of religious diversity. The purpose of the group is for members to grow in an understanding and an appreciation of all faiths as well as to be affirmed in their own faith tradition, with the realization that we will always live and work with people of different belief systems.

Interested in helping to organize this student organization? Please Contact: Deacon Frank Lucca
Email: flucca@umassd.edu

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### Chaplains and Advisors at the Center for Religious and Spiritual Life

<table>
<thead>
<tr>
<th>Name</th>
<th>Faith</th>
<th>Email</th>
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</thead>
<tbody>
<tr>
<td>Fr Scott Ciosek</td>
<td>Protestant/Episcopal</td>
<td><a href="mailto:sciosek@umassd.edu">sciosek@umassd.edu</a></td>
</tr>
<tr>
<td>Fr David Frederici</td>
<td>Catholic</td>
<td><a href="mailto:dfrederici@umassd.edu">dfrederici@umassd.edu</a></td>
</tr>
<tr>
<td>Rabbi Raphael Kanter</td>
<td>Jewish</td>
<td><a href="mailto:Rkanter@tinewbedford.org">Rkanter@tinewbedford.org</a></td>
</tr>
<tr>
<td>Deacon Frank Lucca</td>
<td>Catholic</td>
<td><a href="mailto:flucca@umassd.edu">flucca@umassd.edu</a></td>
</tr>
<tr>
<td>Swami Yogatmananda</td>
<td>Hindu</td>
<td><a href="mailto:yogatmananda@vedantaprov.org">yogatmananda@vedantaprov.org</a></td>
</tr>
<tr>
<td>Matthew Litchfield</td>
<td>CRU</td>
<td><a href="mailto:matthew.litchfield@cru.org">matthew.litchfield@cru.org</a></td>
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</table>
Hindu Holy Days: Navaratri & Vijayadashami/Dusshera

The word Navratri is derived from a Sanskrit word that translates ‘Nava’ as nine and ‘Ratri’ as night. Each day is dedicated to one of the nine avatars of goddess Durga (namely Shailputri, Brahmacharini, Chandraghanta, Kushmanda, Skandamata, Katyayani, Kaalratri, Mahagauri and Siddhidatri) and every day has a colour significance associated with it.

The festival symbolises the victory of good over evil. It is believed that goddess Durga fought with demon Mahishasur (who represents egoism) for nine days and the final day, when the demon was beheaded by her, is called Vijay Dashmi.
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<tr>
<th>Date</th>
<th>Event</th>
<th>Religion</th>
<th>Description</th>
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<tbody>
<tr>
<td>October 7 -</td>
<td>Navaratri &amp; Vijayadashami/Dusshera</td>
<td>Hindu</td>
<td>Festival of 9 nights celebrating the Goddess. 10th day is a festival celebrating the Goddess’ triumph over evil.</td>
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<td>October 15 &amp;</td>
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<td>October 15</td>
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<td>November 1*</td>
<td>Samhain</td>
<td>Wiccan/Pagan</td>
<td>Festival of Darkness honoring the dead.</td>
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<tr>
<td>November 1</td>
<td>All Saint’s Day</td>
<td>Christian</td>
<td>Honors all the saints known and unknown.</td>
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<tr>
<td>November 4</td>
<td>Diwali</td>
<td>Hindu, Jain, Sikh</td>
<td>Festival of Lights. Light symbolizes a force against darkness, ignorance, evil. Diwali is celebrated over 5 days.</td>
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<tr>
<td>November 7*</td>
<td>Birth of the Bab</td>
<td>Bahá’í</td>
<td>Day honoring the birth of one of the founders of the Bahá’í Faith.</td>
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<td>November 28 -</td>
<td>Hanukkah</td>
<td>Jewish</td>
<td>Festival of Lights. Marks the victory of the Maccabees and the rededication of the Temple in Jerusalem.</td>
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<td>December 6</td>
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COMMUTERS
It's your turn!

Stop by the COMMUTER PIT STOP in the Campus Center on
Wednesday, October 20
10:00 am – 2:00 pm
Meet campus chaplains
Learn about the various faith opportunities on campus
Free snacks

FREE CAMPUS MINISTRY SHUTTLE

With a generous sponsorship by the Carney Family Charitable Foundation, The Center for Religious and Spiritual Life, is offering a shuttle to St Mary’s Dartmouth, St Peter’s Episcopal, and the Congregational Church of South Dartmouth.

The shuttle departs at 9:30 am from the Campus Center for 10:00 am services at all three churches. The shuttle returns to UMass Dartmouth at 11:15 am.

Note: We have discontinued the Sunday bus for the 5:00 pm St Mary's Sunday evening Mass. Newman Catholic Ministry is providing FREE UBER transportation to that St Mary's for the 5:00 pm Mass.
Arnie’s Cupboard
Providing Emergency Food to Corsairs in Need

CUPBOARD HOURS

Monday  2-6 PM
Tuesday  10:30- 1, 2-4, 3-5
Wednesday 2:00 - 4:00 PM
Thursday  11-5 PM
Friday  2-4 PM

Contact-less ordering and pick-up
https://app.pantrysoft.com/login/umassdartmouth

In-Cupboard shopping available beginning October 25 at the times listed above.

Contact foodpantry@umassd.edu or 508-999-8872 with questions.
Visit www.umassd.edu/arniescupboard for schedule updates.